

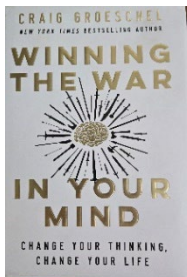


Ministry Updates

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Taste and See ([Psalm 34:8](#))

Isn't it difficult at times to **filter** all the information that bombards us through the grid of Scriptural truth? Taking every thought captive in obedience to Christ ([2 Cor. 10:5](#)) is no easy task! With a deluge of negativity and outright lies in the news, how can we follow the Lord's command to think about things that are true, honest, just, pure, lovely, and of good report ([Phil. 4:8](#))? In the past few years, we have walked through cognitive issues related to COVID and labored to spiritually transform our thought lives. There remains so MUCH work to do! In the process, we study Scripture, read numerous books, and **filter** through hundreds of sermons, podcasts, and interviews about cognitive processes and renewing the mind. Many ignore the spiritual and focus only on the mental. Others emphasize Scripture but ignore scientific evidence about changing thoughts using reflection and nutrition.



Debbie recently discovered a Christian book that seems to appropriately meld the two, though the author touches little on nutri-pharmaceutical processes. She is in a Bible study using the book [Winning the War in Your Mind: Change Your Thinking, Change Your Life](#) by Craig Groeschel. Pastor Groeschel speaks frankly about the lies he mentally believed and rehearsed that hindered his progress in Christ. He provides simple Biblical tools to learn how to mentally walk in Christ's victory. His sermon series is available for free on YouTube, starting [here](#). If you have struggled with how to escape the mental Ferris wheel of fear, worry, negativity, addictions, or other psychological and physical strongholds, perhaps the Lord may use this resource to encourage you as it has Debbie. While not agreeing on every detail of doctrine or church approach, Groeschel's information is Biblically sound and immensely practical on this topic.

Come and See ([Psalm 66:5](#))

Verlin returned safely home to Tennessee on Friday afternoon. His time in Michigan finished well, with new friends and ministry partners. During the week, he also spoke with one Ivorian CHE coworker, Emmanuel, about the upcoming CHE West African summit that Cote d'Ivoire will host this fall. Sadly, the location Emmanuel thought was reserved for the conference fell through. He begins a time-consuming and stressful search for a new location and lodging for the visitors who will come. Pray as our brother **filters** through choices. Debbie felt a slight improvement in her knee this week as she continues to address some of her parents' needs.

Prayer and Praise

☞ We thank the Lord for Verlin's safe travels back to Tennessee and good meetings in Michigan. Again, we are grateful to the friend who gave his airline points to pay for Verlin's trip home! Such a blessing! We praise the Lord for other ministry partners who donated an oxygen machine that may be helpful for Debbie's mother in the future.

☞ Debbie continues to work through some critical needs for her parents. Pray for wisdom and help with upcoming decisions.

☞ Pray that Emmanuel finds a new location for the West African CHE meeting that will happen in Cote d'Ivoire this fall. The place he had reserved fell through, so ask the Lord to provide. Continue to pray for the preparation for the university CHE training, too.

Your partners in the Gospel, Verlin & Debbie

Last Week: [Unsung-240615.PDF](#)

Prior videos: [Simple Servants - Reflect & Rejoice](#)

2023 Q2Report: [Pruning Priorities -](#)

[2023 Q2 Report 230722 PDF](#)

2022 Budget: [CHSC-0118 ANDERSON-Budget 2022](#)

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