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Taste and See (Psalm 34:8)

Learning to **stretch** our bodies, spirits, minds, or opinions in new ways is never easy but becomes especially challenging as we age. Since we have entered our 60s, it is a bit amusing and frustrating to recognize how much longer some things take—memorizing Scripture, taking care of finances, changing eating habits, recovering from hard physical labor, etc. Yet, failure to **stretch** in various ways diminishes the quality of daily life. We practice learning to model changes that prove even old dogs can learn new tricks, rather than criticizing younger generations for not <u>exercising</u>, or eating right, or developing spiritual disciplines.

This week, after his week-long stint in the hospital, Debbie's father, Eddie, accepted the challenge to **stretch** his capacities at the NHC rehab center in Cookeville. We applaud his decision at age 85 to regain as much strength as possible for the next phase of life but recognize he will need coaching. Anyone who has helped care for a spouse, parent, or other person knows how you can neglect your health while being preoccupied with loved ones' needs. Thank you for praying for his physical strength, suitable lodging, and our stamina in balancing health, ministry, and family service.

Come and See (Psalm 66:5)

At times, **stretching** entails taking on a project with less-than-ideal resources. As of last May, the CHE workers of Albania accepted the weighty responsibility of hosting the <u>International Wholistic</u> <u>Missions Conference</u> in their country in October. It will be the first time another country besides the United States hosts it. Having been heavily involved in participating, hosting, and planning CHE conferences in W. Africa, we are impressed by their commitment and pray for their efforts.



Children's DBS outdoors

Unabashedly using local resources is often one way CHE workers worldwide **stretch** and accomplish what appears to be impossible. So often, Westerners impose expectations when simpler materials work as well or better. Notice the setting in this December 2024 picture of a children's Discovery Bible Study (DBS) that has continued for more than five years in Bondoukou. The simple weekly meeting still attracts 20 to 80 children who study God's Word in the open air, where curious parents and passersby can observe.

Prayer and Praise

- Rejoice with us that Eddie was able to get into the preferred rehab facility in Cookeville! Continue to pray for long-term solutions, especially for housing.
- Pray for the children's ministry in Bondoukou. Ask the Lord to touch the hearts of numerous people to have classes for children around the city.
- For the first time, the CHE holistic conference is going to be hosted somewhere other than the United States. Pray for the CHE workers in Albania as they take on the challenge this year in October.

Your partners in the Gospel, Verlin & Debbie

Last Week: <u>Suffering-250329.PDF</u>
Prior videos: <u>Worth</u> - <u>Simple Servants</u>
2023 Q2Report: <u>Pruning Priorities</u> -

2023 Q2 Report 230722 PDF

'22 Budget: CHSC-0118 ANDERSON-Budget 2022
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